

Hingham Center for Active Living

Community Outreach

2024

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Hingham Center for Active Living

Community Outreach

June 4, 2024



A. Map - Proximity to Center

We asked the seniors where they lived (if they were comfortable sharing with us), their method of transportation to the Senior Center (bus, walk, or car), and where they would like the new Senior Center to be located.



TRANSPORTATION:

Bus - 0

Other - 2

Car - 14



Preferred pictures (15 or more votes) are highlighted below:



Likes - 15

Dislikes - 0



Likes - 8

Dislikes - 3



Likes - 14

Dislikes - 1



Likes - 16

Dislikes - 0



Likes - 15

Dislikes - 0



Likes - 24

Dislikes - 0



Likes - 14

Dislikes - 0



Likes - 11

Dislikes - 0

Preferred pictures (15 or more votes) are highlighted below:



Likes - 16

Dislikes - 0



Likes - 5

Dislikes - 0



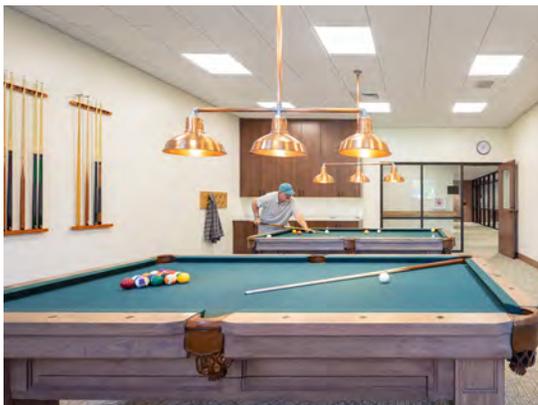
Likes - 9

Dislikes - 1



Likes - 13

Dislikes - 0



Likes - 11

Dislikes - 5



Likes - 14

Dislikes - 1



Likes - 18

Dislikes - 0



Likes - 0

Dislikes - 5

Preferred pictures (15 or more votes) are highlighted below:



Likes - 15
Dislikes - 0



Likes - 8
Dislikes - 2



Likes - 21
Dislikes - 0



Likes - 19
Dislikes - 0



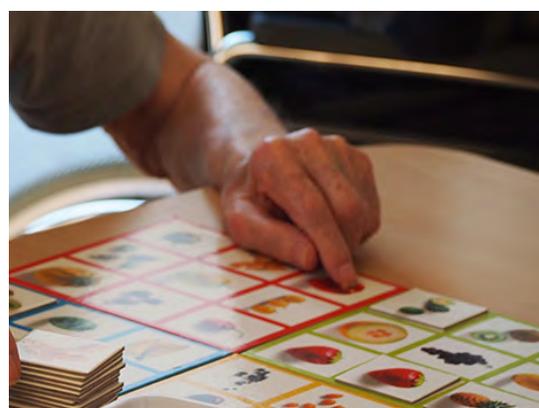
Likes - 10
Dislikes - 0



Likes - 11
Dislikes - 0



Likes - 9
Dislikes - 2



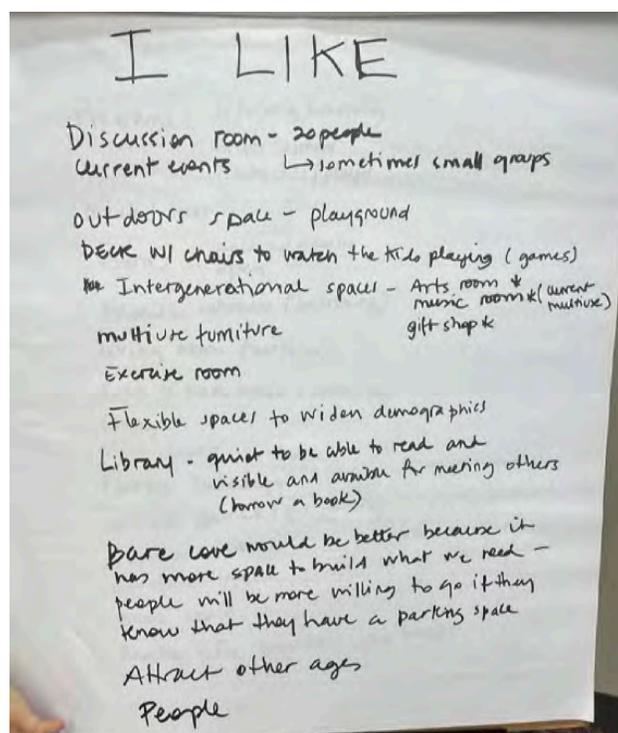
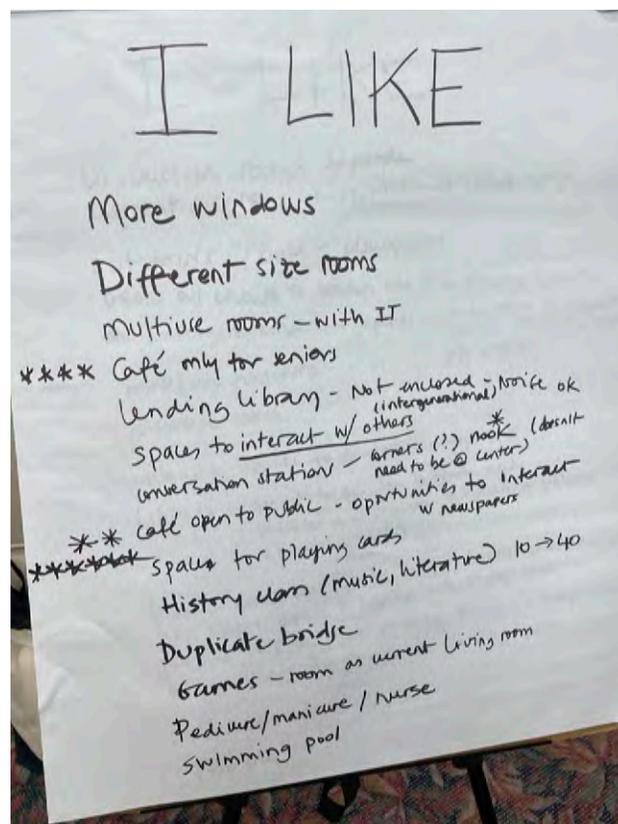
Likes - 11
Dislikes - 0

D. I Like/I Don't Like Informal

Seniors were asked to tell us what they like or don't like about the current Senior Center, as well as anything they would like or dislike for the future Senior Center. Repeat answers are noted in parenthesis.

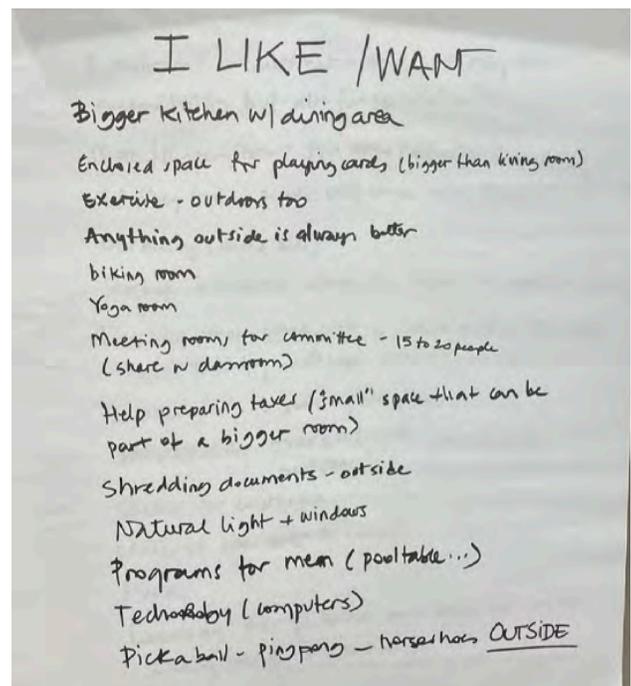
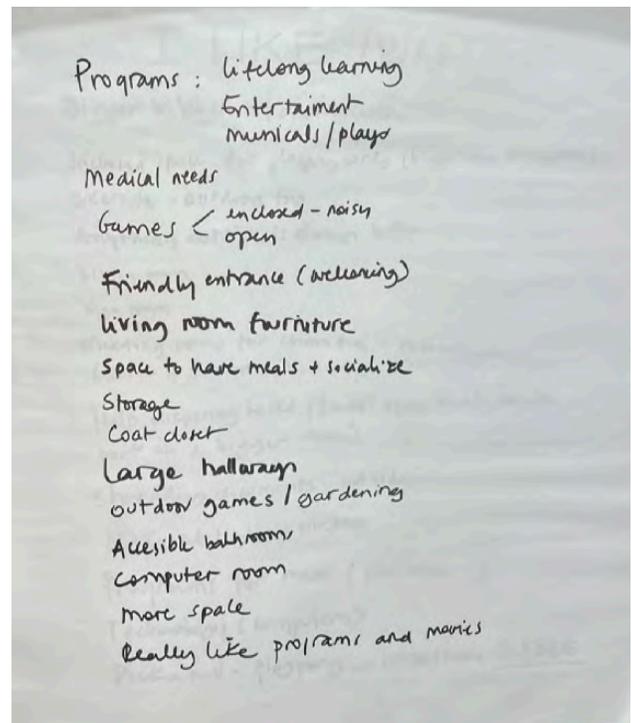
I LIKE

- More Windows
- Different Sized Rooms
- Multi-use Rooms
- Cafe
- Lending Library - does not need to be enclosed or quiet
- Space to interact with others
- Conversation Stations - nooks or corners to interact
- Spaces to play cards
- Separate Game Rooms from Living Room
- Pedicure / Manicure Salon
- Swimming Pool
- Nurse
- Discussion rooms with capacity for 20
- Playgrounds to watch kids
- Outdoor space
- Intergenerational Spaces for arts and music
- Gift Shop
- Multi-use Furniture
- Flexible Spaces to Widen Demographics
- Quiet Reading Spaces / Library
- More Parking
- Attracting other Ages
- People
- Classrooms
- Entertainment Space
- Enclosed and Open Game Rooms
- Medical Needs
- Welcoming Entrance
- Living Room Furniture
- Space to have Meals and Socialize
- Storage
- Coat Closet
- Larger Hallways
- Outdoor Games
- Gardening
- Accessible Bathroom
- Computer Room
- More Space
- Bigger Kitchen with Dining Area
- Exercise Spaces indoors and outdoors
- Biking Room



I LIKE (continued)

- Yoga Room
- Meeting Rooms for Committees, 15-20 people
- Private Space for helping with things like Taxes
- Natural Light and Windows
- Programs for Men
- Pool Table
- Outdoor Pickleball
- Horseshoes
- Ping Pong
- Automatic Doors
- Raised Beds Gardening
- Facility that stands out architecturally
- Shelter for Emergency
- Commercial Kitchen
- Puzzle Tables
- Plants
- Feeling Cozy
- Fireplace
- Ability to Bring and Host Guests
- Clean
- Good Acoustics
- No Overhead Music
- Easy Communication of Programs
- Men's Breakfasts
- Cafe with Private Indoor Seating and Public Outdoor Seating
- Teaching Kitchen
- Adjustable Furniture
- One Level
- Transitional Space between Indoors and Outdoors, like a sun room
- User Friendly
- Dining Space
- Art Room with Sinks and Cubbies
- Parking Spots for Guests



I LIKE (continued)

Bathrooms w automatic doors (not only for accessibility but also for sanitation)

More / bigger rooms for yoga / exercise in general

If they build, people will come - NEED PARKING!

Gardening (raised beds)

Storage distributed along the center to make it work

Facility that stands out so draws people to come

Magnet facility - design matters

It needs / lots of power / computers

~~marshfield~~ marshfield good example
scituate " "

Shelter for emergency

State of the art kitchen

Nurse

Location for puzzles and table to use it
(really good for conversation)

I LIKE

+ café $\left\{ \begin{array}{l} \text{outside - for public} \\ \text{inside - more private} \end{array} \right.$

- Small room - taxes - lounge - manager - counseling
- nurse room
- Kitchen for teaching - 12 people - commercial kitchen user friendly - multiple ref. freezers. storage and dishwashers
- dinning
- Adjustable furniture
- transitional space between center & outdoors
- All one level would be ideal
- Natural light
- Art room w sink + cubbies

I LIKE

Cozy/n - decoration (plants..) - living room

Welcoming even when empty

Lots of space

outdoor space w/ access to other ages

Bring guests to talk about different topics

Welcoming and nice people

clean

Lots of light / air and good acoustics

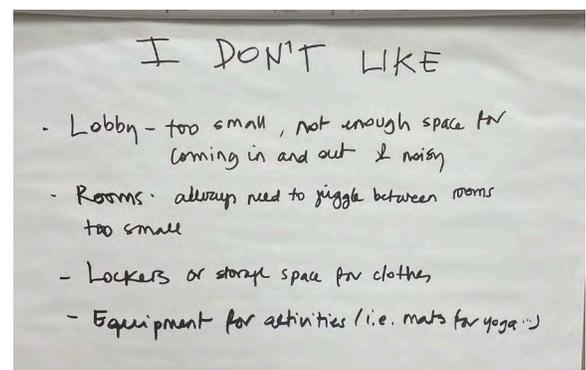
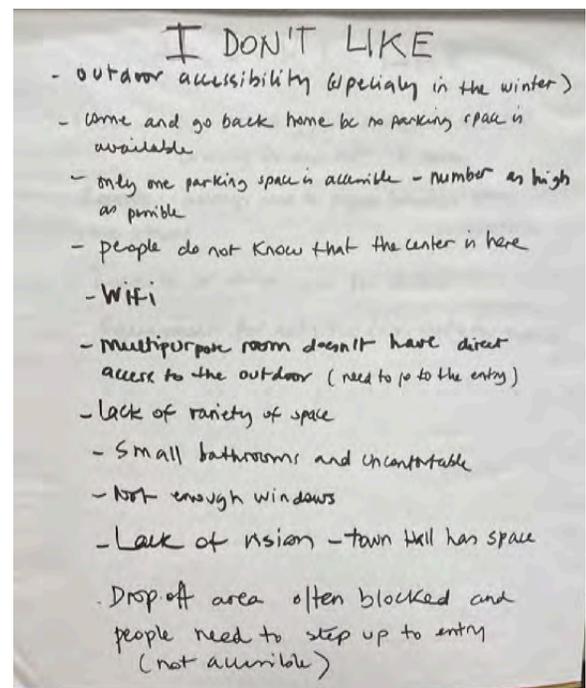
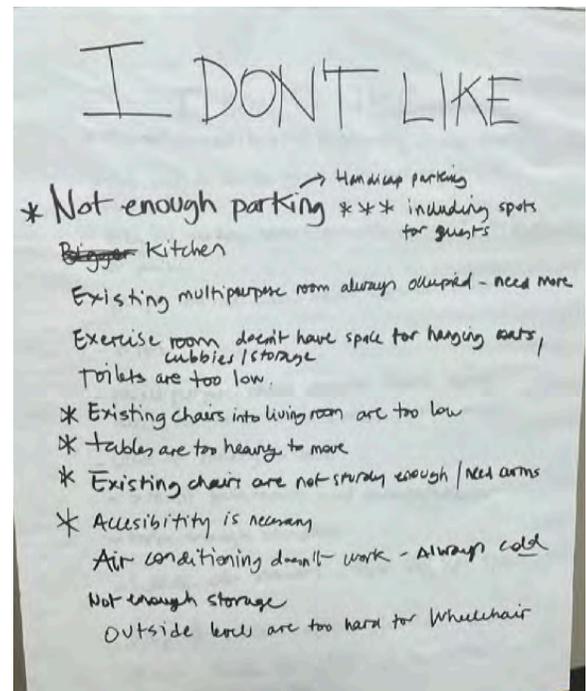
No overhead music

Programs + communication of programming

- * Health seminar &
- Local / community discussions
- Hingham library programs - volunteers
- men's breakfasts (women are welcome)
- 4th grade service and guests talking

I DON'T LIKE

- Not Enough Parking
- Not Handicap Accessible
- Rooms that are too small so they are always at capacity
- No spaces for hanging coats
- No storage
- Toilets that are too low
- Existing chairs in Communal Rooms are too low
- Tables that are too heavy to move
- Chairs without arms
- Furniture that is not sturdy
- Too Hot or Cold
- Outdoor Spaces are Not Wheelchair Accessible
- Too many outdoor spaces that can't be used in the Winter
- Wifi
- People do not know that the center is here
- No direct access to outdoors at current center
- Lack of Variety of Space
- Small, Uncomfortable Bathrooms
- Not enough Windows
- Lack of Vision
- No Space
- No steps or stairs to get places
- Noisy Spaces
- Small Lobby



Hingham Center for Active Living

Focus Groups

July 15, 2024



A. Demographics

Male - 3 ; Female - 5

Dick Ponte	89	Member, Volunteer and former Board Member - advocate for the center, Bridge Instructor
Joyce Bethoney	78	Member, Volunteer Instructor: Joyful Cooking
Ginny Ballou	83	Member, Volunteer: Lifelong Learning, Floral Arranging, spends lot of time here
Kathleen Carroll	85	Member, Volunteer: Lifelong Learning
Joanne Mariano	72	Member, artist, social
Al Chambers	83	Member
Sharon Hampton	76	Member and Volunteer Data Entry and Flyer Designer
Joe Millburg	81	Member, COA Board Member, Discovery Committee Chair, Walking Group Leader

We are pleased to acknowledge the participation of Jennifer Young, the Director of the Hingham Center for Active Living, in this focus groups section.

B. Making Connections

In this activity, participants were asked to write down at least one location where they met someone who is now a friend.

Based on the responses, several key locations and activities emerged as popular settings for meeting new friends:

All Classrooms (classes they teach and classes they learn):

- Card-playing class: bridge and whist
- Mahjong
- Art class
- Cooking class
- Dominoes
- Exercise class

Meal events:

- Special luncheons
- Pizza lunch
- Holiday gathering events

Social events:

- Field trips
- Walking groups

Other location/activities:

- Game room
- Living room (ran into an old friend)



<p>LM The Leon Merian Group www.ListingWithLeon.com leon.merian@compass.com 781-258-7418</p> <p>MEET PEOPLE</p> <ol style="list-style-type: none"> MARSHFIELD SR CTR PLAYING DUPLICATE BRIDGE. 13 TABLES 14-16 Hingham RESIDENTS PARTNER 2 PONDS 94 YRS OLD HINGHAM SR CTR. ALL CLASS ROOMS - TEACHING BRIDGE + MAH JONGG + DOMINOS. Hingham SR CTR - SPECIAL LUNCHEONS + PLAYING BRIDGE AND OR MAH JONGG. 	<p>LM The Leon Merian Group www.ListingWithLeon.com leon.merian@compass.com 781-258-7418</p> <ol style="list-style-type: none"> FIELD TRIPS LUNCHEON EVENTS CLASSES (art mostly) 	<p>LM The Leon Merian Group www.ListingWithLeon.com leon.merian@compass.com 781-258-7418</p> <p>Connection</p> <ol style="list-style-type: none"> walking group Jen committee learning programs Card playing such as Whist, Bridge 	<p>LM The Leon Merian Group www.ListingWithLeon.com leon.merian@compass.com 781-258-7418</p> <ol style="list-style-type: none"> Classes <ul style="list-style-type: none"> - Teaching - Cooking - Meal events <ul style="list-style-type: none"> - Pizza lunch - Holiday Gatherings events - Art classes
<p>LM The Leon Merian Group www.ListingWithLeon.com leon.merian@compass.com 781-258-7418</p> <p>Additional parking on unused lot adjacent to C.A.L.</p>	<p>LM The Leon Merian Group www.ListingWithLeon.com leon.merian@compass.com 781-258-7418</p> <p>Classes a mix of about 5 hrs I think</p> <p>Special event parties</p> <p>Trip</p>	<p>LM The Leon Merian Group www.ListingWithLeon.com leon.merian@compass.com 781-258-7418</p> <ul style="list-style-type: none"> cooking classes living room - ran into an old friend at check-in 	<p>LM The Leon Merian Group www.ListingWithLeon.com leon.merian@compass.com 781-258-7418</p> <p>Classroom exercise class game room</p>

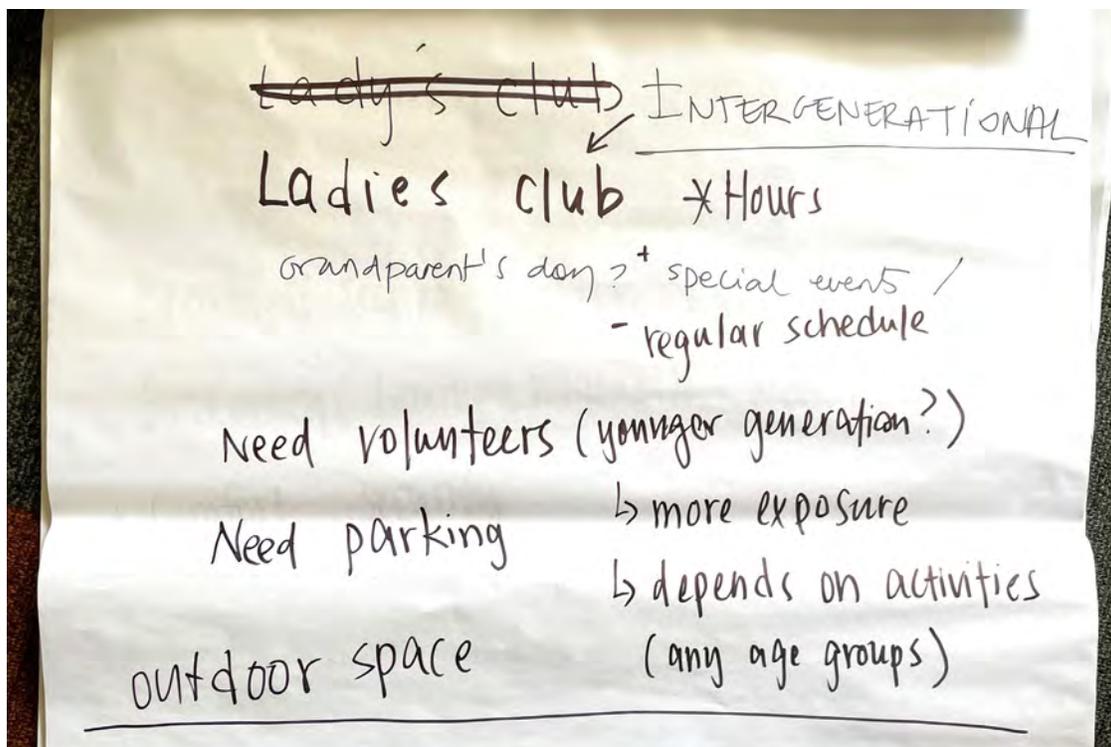
INTERGENERATIONAL CONNECTIONS

Positive:

- Intergenerational Ladies club and special events work well
- Younger Volunteers
Some of the seniors expressed a desire for more interaction with the younger generation, where the younger volunteers can bring new energy and perspectives to the center. They emphasized that the age of volunteers should depend on the activities.
- The key is to ensure that activities should be either regularly scheduled or organized as special events, allowing seniors to anticipate these interactions and understand what to expect at the center.
- Outdoor areas may provide additional opportunities for social activities, interaction with other ages and relaxation.

Negative:

- There are many places dedicated to children and younger population in the town, and some of the seniors feel the need for a private space dedicated just to them.
- Parking
Already not enough parking for seniors in the current location, problematic if additional users are considered.



C. Building

Based on the previous outreach sections, we have selected some images and initiated an engaging activity where seniors were asked to design their own ideal center. Participants were divided into groups of two. Each group was provided with a selection of images that reflected various building elements, views, and activities. They were asked to choose their preferred images from each selection and design their version of a senior center.

After making their selections, each group presented their design and explained the reasons behind their choices. Images of their "ideal center" are represented in the following page.

EXTERIOR:

- Outdoor seating, patios
- Shaded area/roof/any type of protections from the weather
- Walkways, paths, and trails with green area
- Large windows for lighting and views
- Green spaces for health and wellness
- Upper floor seating/patio for views

INTERIOR:

- Homey feeling - living room type, fireplace, large group seating, mood of relaxing and inviting
- Being protected but feeling outdoor - a mix of indoor and outdoor
- Sliders for totally open space
- Cafe or large kitchen area that has large windows
Should include both private and public area in the cafe - "Cafe that's just for us!"
- Auditorium for zoom programs and lectures
- High ceiling that feels like nice hotel - more than just home
- Gym-like atmosphere for active activities
- Maker space - include sewing machine, 3D printer, library, shops, laser cutting machine, wood working
 - * Volunteers can help with computer and technical issues
 - * Wood-related machine might consider with good ventilation and sink

ACTIVITIES:

- Gardening (allow community to work and harvest)
- Cooking (Both teaching and learning)
- Cultural class
- Art related activities
- Outdoor exercise
- Outdoor lunch, with cooking grill or barbecue (including umbrellas for shading)





D. Sites

The "Defense Attorney" Game

Seniors were divided into two teams to present the location of new senior center: Bear Cove Park and Town Hall. They were assigned to defend the site location that was assigned to them regardless of their own preferences.

BEAR COVE PARK:

Pros:

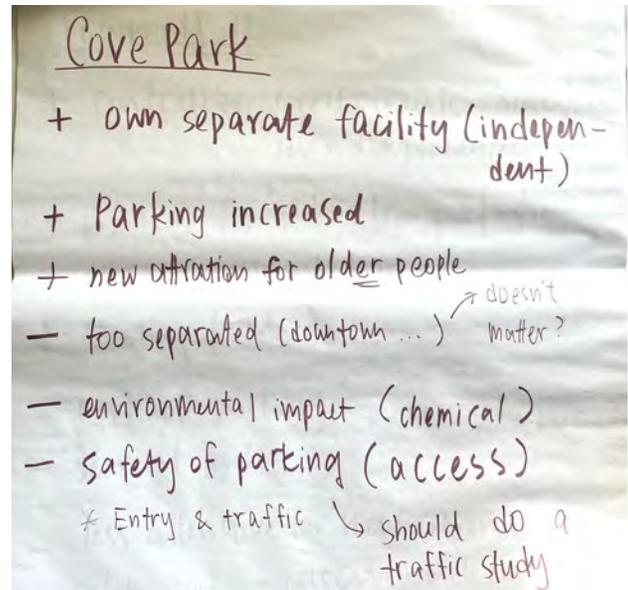
- Own separate facility, more independent from town hall regulations
- More space for parking
- New attraction for older people

Cons:

- Too separated from downtown area, less access to walk around restaurants and shops
- New development might have a negative environmental impact
- Traffic and safety concern: higher traffic volume may pose safety risk at the intersection with the main road

Suggestions:

- Traffic study should be done before implementing traffic management strategies



TOWN HALL:

Pros:

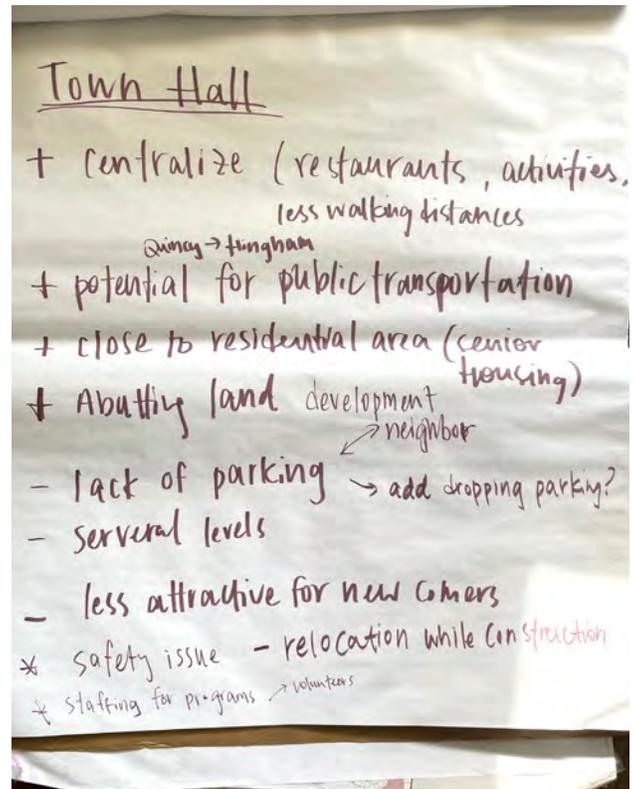
- Central location with restaurants and other activities
- Familiarity with the current location
- Easy access - Potential for public transportation
- Closer to residential area (especially senior housing)
- Potential use of adjacent site

Cons:

- Lack of parking
- Several levels - elevator will be needed
- Less attractive for new comers

Other Considerations:

- How does the relocation organize while in construction?



E. Conclusions

CONNECTIONS

There is a strong desire for connecting with others among the users of the center. It appears that the organized activities are important to facilitate these connections. Although intergenerational activities come up very often, there is not a consensus on how often, or in what form the new center could welcome other users. It seems, in general, that the seniors prefer a dedicated space to their age, and only in a few instances, or for particular events, the center (or a particular room) may be open to other ages.

THE BUILDING

Most of the participants are more attracted by traditional/transitional style with "cozy" interiors. Views to the outside, natural light, and space for cultural activities are a priority.

Among the preferred activities we found games, exercise, art and cooking, class-type cultural sessions and outdoor activities. Gardening as part of the outdoor offerings was discussed.

THE SITE

Bear Cove Park seems the preferred option for most of the participants. Amplitude of space, connection to nature and facility to design and build an accessible building are some of the reasons that have come up more often during our conversations.

The existing location is not well received as the parking issue seems impossible to solve.

A new location, close to nature and without hard boundaries to make their "desired" center possible is already ingrained in the imagination of most of the current users. The novelty of a new location, brand new with ample square footage for multiple activities seem the "winner" of our reach out.

The Team

Monica Perez del Rio, Chris Wante, Cherry Lee, and AJ Alessandrini (edmSTUDIO) with the support of the Center for Active Living of Hingham.



MONICA PEREZ DEL RIO, AIA, LFA
Associate Principal



CHRIS WANTE, AIA
Associate Principal



AJ ALESSANDRINI
Architectural Intern



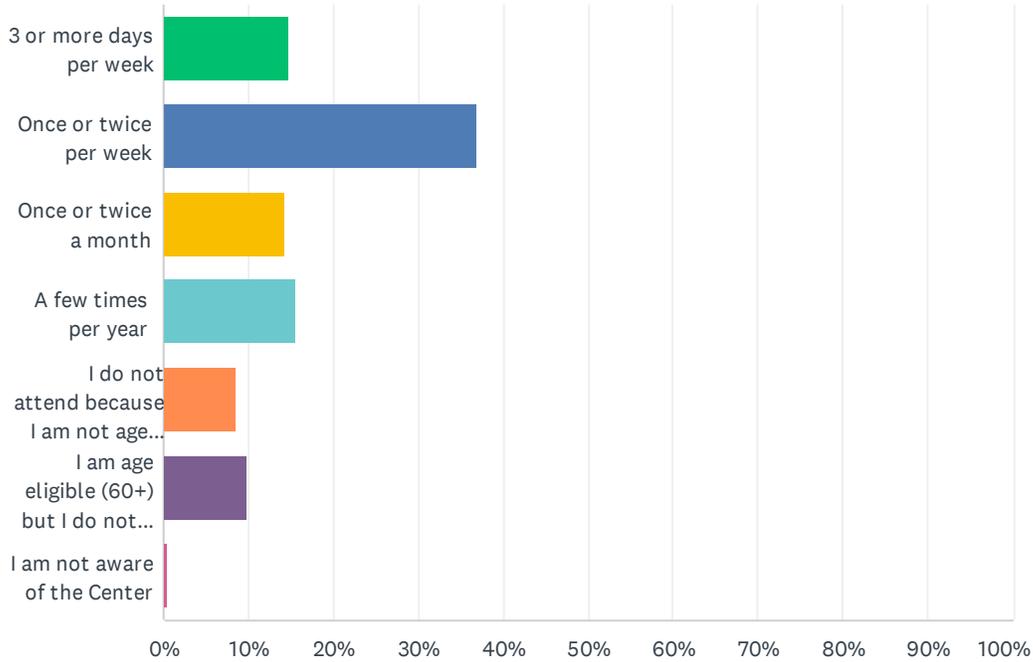
CHERRY LEE
Architectural Designer

Hingham Center for Active Living

Summary of Public Interest Survey Results
2024

Q1 On average, how OFTEN do you or someone in your household go to the Center?

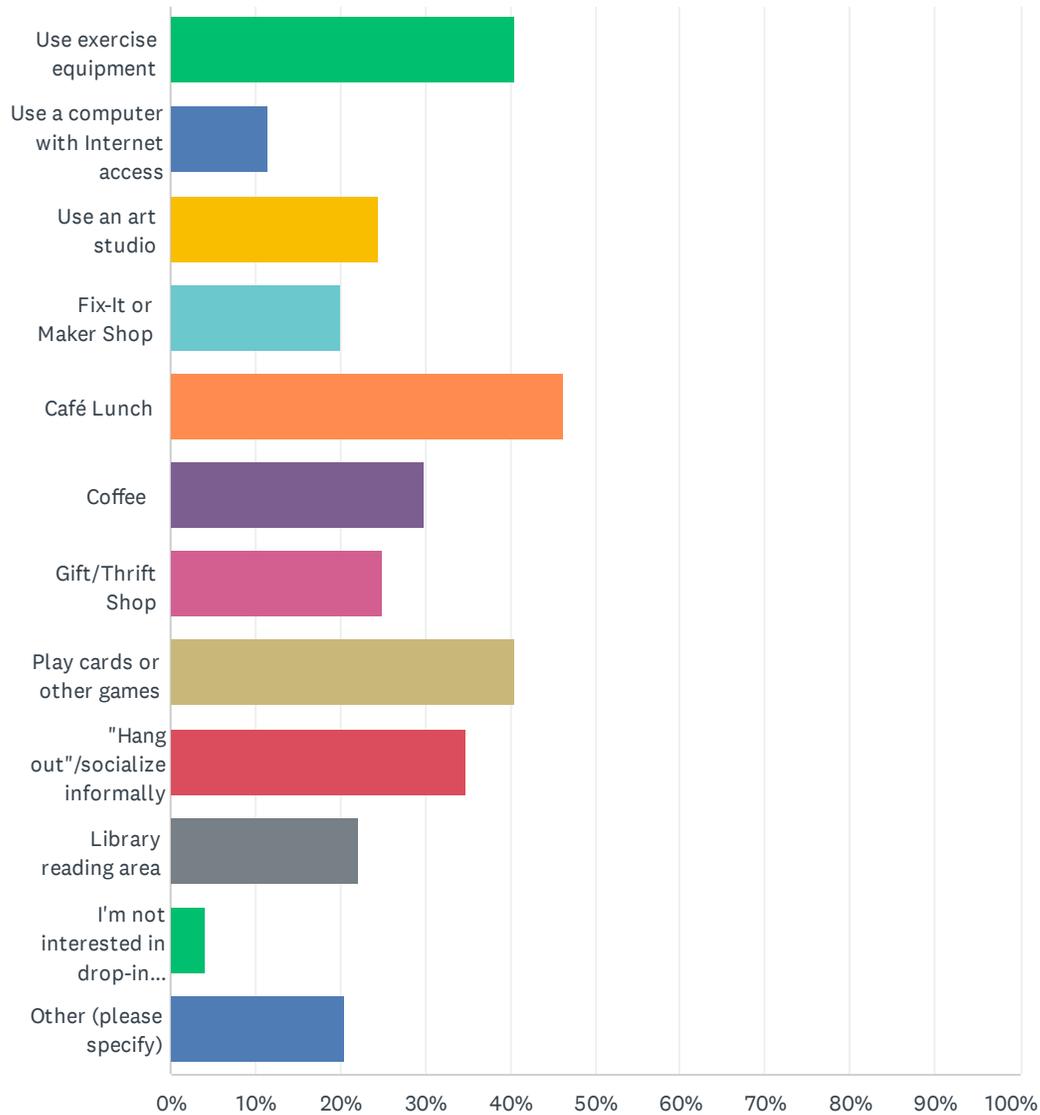
Answered: 225 Skipped: 1



ANSWER CHOICES	RESPONSES	
3 or more days per week	14.67%	33
Once or twice per week	36.89%	83
Once or twice a month	14.22%	32
A few times per year	15.56%	35
I do not attend because I am not age eligible (60+)	8.44%	19
I am age eligible (60+) but I do not attend	9.78%	22
I am not aware of the Center	0.44%	1
TOTAL		225

Q2 What would you be most interested in “dropping in” to do at a new Center? Select all that apply.

Answered: 225 Skipped: 1



Center for Active Living Public Interest Survey

ANSWER CHOICES	RESPONSES
Use exercise equipment	40.44% 91
Use a computer with Internet access	11.56% 26
Use an art studio	24.44% 55
Fix-It or Maker Shop	20.00% 45
Café Lunch	46.22% 104
Coffee	29.78% 67
Gift/Thrift Shop	24.89% 56
Play cards or other games	40.44% 91
"Hang out"/socialize informally	34.67% 78
Library reading area	22.22% 50
I'm not interested in drop-in activities	4.00% 9
Other (please specify)	20.44% 46
Total Respondents: 225	

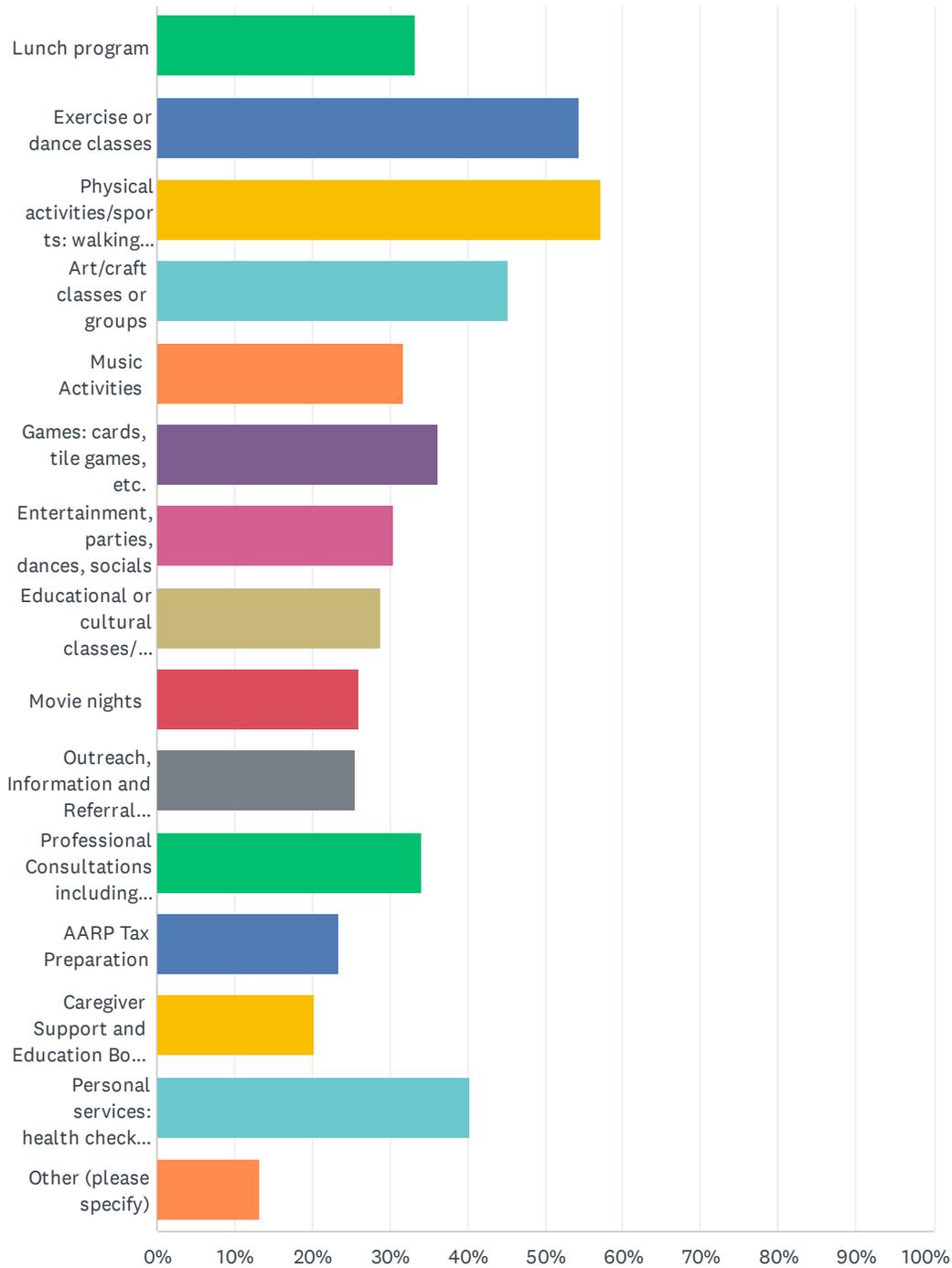
#	OTHER (PLEASE SPECIFY)	DATE
1	Line Dancing	6/21/2024 8:51 AM
2	Classes	6/19/2024 10:16 AM
3	safety for seniors online, tech help	6/18/2024 3:14 PM
4	computer room. Cafe most important. State of the art kitchen	6/18/2024 2:56 PM
5	outside activities - bocci, pickleball, horse shoes, corn hole	6/18/2024 2:17 PM
6	wood carving	6/18/2024 1:48 PM
7	reading area with fireplace. woodworking instruction with weekly area to practice	6/18/2024 1:35 PM
8	puzzles	6/12/2024 1:23 PM
9	Trails to exercise	6/12/2024 12:55 PM
10	Exercise Class	6/12/2024 12:37 PM
11	more aerobics, two days apart	6/12/2024 12:02 PM
12	Lighted area for jigsaw puzzles	6/12/2024 11:50 AM
13	Handicap parking	6/12/2024 10:48 AM
14	Exercise class in the afternoon	6/12/2024 10:12 AM
15	No Response	6/11/2024 2:42 PM
16	Movies	6/11/2024 2:40 PM
17	No Response	6/11/2024 11:37 AM
18	No Response	6/11/2024 11:27 AM
19	Trips to local towns	6/11/2024 10:49 AM
20	I would love to participate more but due to circumstances at home am not able to take advantage of all that is offered at the center	6/11/2024 10:46 AM

Center for Active Living Public Interest Survey

21	Chair Yoga	6/11/2024 10:27 AM
22	Yoga classes for very active seniors	6/9/2024 7:37 PM
23	Qi Gong	6/7/2024 5:02 PM
24	Ukulele. Line Dancing.	6/6/2024 5:21 PM
25	Music lessons	6/6/2024 12:44 PM
26	lectures. help with Phone. exercise instruction	6/6/2024 11:11 AM
27	Thai Chi/swimming pool Jacuzzi	6/6/2024 8:13 AM
28	my mother Marilyn Harrington goes alot, she 85	6/5/2024 10:14 PM
29	Learning opportunities for Computer,	6/5/2024 8:18 PM
30	lectures or craft demos in an adequate space - not the "large closet" we now have	6/5/2024 1:45 PM
31	Exercises with leader. Discovery programs.	6/5/2024 1:42 PM
32	inside walking area for inclement weather months	6/5/2024 1:32 PM
33	see no need for a new center - make the one we have work.	6/5/2024 1:21 PM
34	Camera/photography classes	6/5/2024 12:22 PM
35	attend events with speakers of interest in areas of appeal to a broad spectrum of the 60+ community from government policy, politics, non-fiction and fiction thoughtful books, sports, travel, etc. Perhaps centered around a fixed bi-weekly or monthly schedule of simple breakfasts, lunch or CT hour or the like.booksfico	6/5/2024 12:08 PM
36	Walking club on a f	6/5/2024 11:19 AM
37	Attend exercise/movement classes	6/5/2024 11:17 AM
38	Classes such as is available now.	6/5/2024 11:12 AM
39	Painting classes (not drawing)	6/5/2024 10:50 AM
40	Interesting talks or lectures. I do not use as much now, but I see myself using the center more as I age.	6/5/2024 10:41 AM
41	scrabble	6/5/2024 10:40 AM
42	Attend quilting group	6/5/2024 10:39 AM
43	exercise classes	6/5/2024 10:39 AM
44	Off site trips.	6/5/2024 10:37 AM
45	Lectures or other ckasses	6/4/2024 9:02 PM
46	Fitness classes	6/4/2024 6:10 PM

Q3 What types of SCHEDULED ACTIVITIES might you be interested in going to at a new Center? Select all that apply:

Answered: 226 Skipped: 0



Center for Active Living Public Interest Survey

ANSWER CHOICES	RESPONSES
Lunch program	33.19% 75
Exercise or dance classes	54.42% 123
Physical activities/sports: walking club, working out on equipment, yoga, pilates, etc.	57.08% 129
Art/craft classes or groups	45.13% 102
Music Activities	31.86% 72
Games: cards, tile games, etc.	36.28% 82
Entertainment, parties, dances, socials	30.53% 69
Educational or cultural classes/ presentations	28.76% 65
Movie nights	26.11% 59
Outreach, Information and Referral Services	25.66% 58
Professional Consultations including legal. Financial, SHINE health Information	34.07% 77
AARP Tax Preparation	23.45% 53
Caregiver Support and Education Book clubs or other discussion groups	20.35% 46
Personal services: health checks, immunizations, income tax preparation, social worker services, pedicare, massage and reflexology	40.27% 91
Other (please specify)	13.27% 30
Total Respondents: 226	

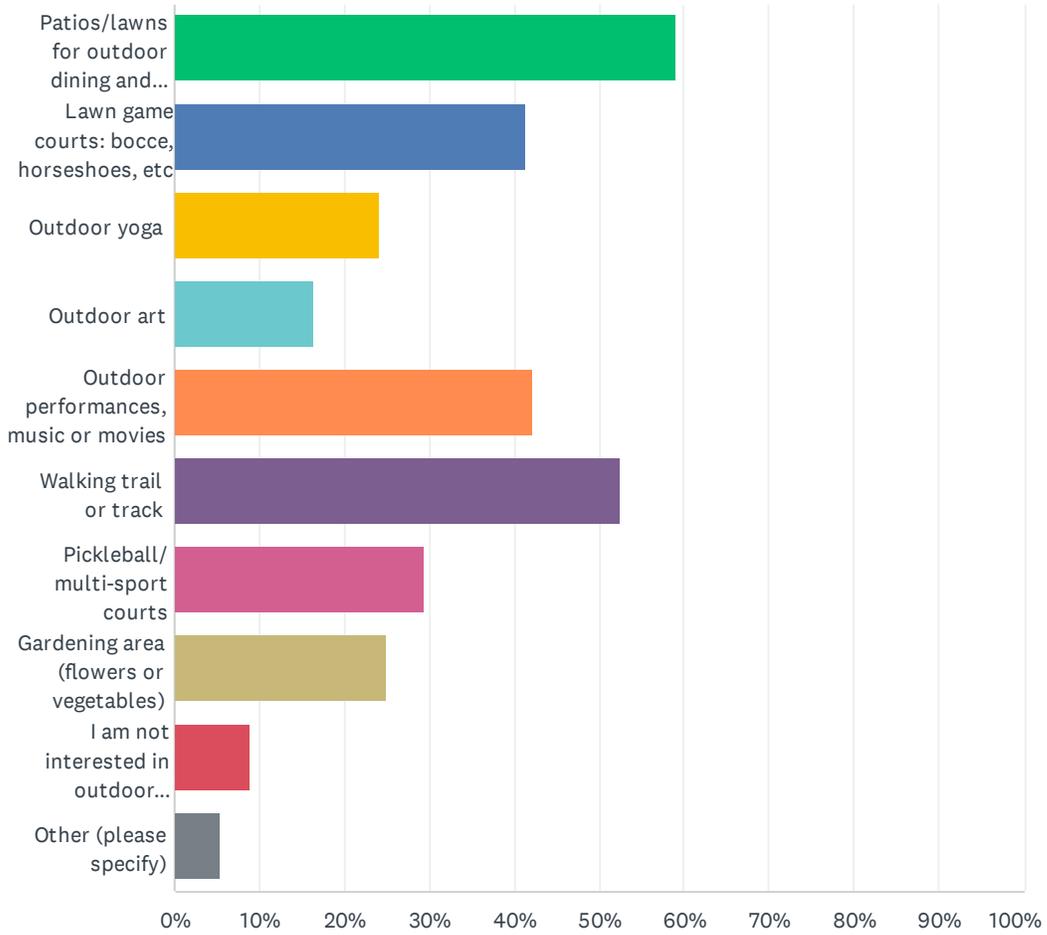
#	OTHER (PLEASE SPECIFY)	DATE
1	Parking space for seniors only - set aside and special presenters	6/18/2024 3:03 PM
2	Nurse. We have a full time nurse at every Hingham school - none at the Center for Active Living	6/18/2024 2:17 PM
3	tax help, legal help, salon for manicures and pedicures, help negotiating health care options	6/18/2024 1:35 PM
4	A cafe with good food, guest speakers, continuing education, musical entertainment	6/17/2024 11:00 AM
5	Daytime movies	6/12/2024 12:02 PM
6	Oil Painting	6/12/2024 10:43 AM
7	Quilting	6/12/2024 10:16 AM
8	Social worker, photography	6/11/2024 2:14 PM
9	Many scheduled talks/activities in Hingham are poorly attended as they are not geared toward the actual living/aging information needs of seniors. Look at surrounding center options offered that Hingham seniors are attending and offer more of those kinds of programs. So many Hingham people go out of town for worthwhile/informative programs and activities.	6/11/2024 12:13 PM
10	Men's Breakfast	6/11/2024 11:47 AM
11	Cooking/Baking	6/11/2024 11:42 AM
12	more sitting activities like Hip Hop Dance Chair	6/11/2024 11:37 AM
13	wax removed from ears	6/11/2024 10:49 AM
14	Discovery Program and other guest speakers on art appreciation, history or other topics	6/6/2024 12:06 PM

Center for Active Living Public Interest Survey

15	The new name is patronizing and condescending. I thoroughly dislike it.	6/6/2024 9:52 AM
16	Continuing Education, lectures	6/5/2024 10:56 PM
17	the hardest thing about being old is the loneliness	6/5/2024 10:14 PM
18	Theater performances, classes on poetry, drama, art and artists	6/5/2024 4:56 PM
19	Provide flu, shingles and COVID boosters	6/5/2024 4:07 PM
20	check out what other towns (less affluent than Hingham) have. A standalone center would allow all sorts of new programs that could run concurrently.	6/5/2024 1:45 PM
21	Lectures	6/5/2024 1:34 PM
22	Prefer to attend these activities at the current center - no need for a new center.	6/5/2024 1:21 PM
23	Interesting speaker series	6/5/2024 1:05 PM
24	Camera/photography classes	6/5/2024 12:22 PM
25	I came once for a person speaking about pain management, and once more for a speaker on a topic i can't recall. also came once to oriental rug making but it was not for rug repair as i hoped.	6/5/2024 12:09 PM
26	lectures	6/5/2024 11:19 AM
27	Author talk	6/5/2024 11:19 AM
28	Transport to BSO open rehearsal 4 times a year, even though we might pay more than previously	6/5/2024 11:12 AM
29	Talks on interesting topics	6/5/2024 10:41 AM
30	Travel clubs	6/4/2024 7:05 PM

Q4 What kinds of OUTDOOR amenities and activities would you like to see included in the plans for a new Center? Select all that apply.

Answered: 225 Skipped: 1



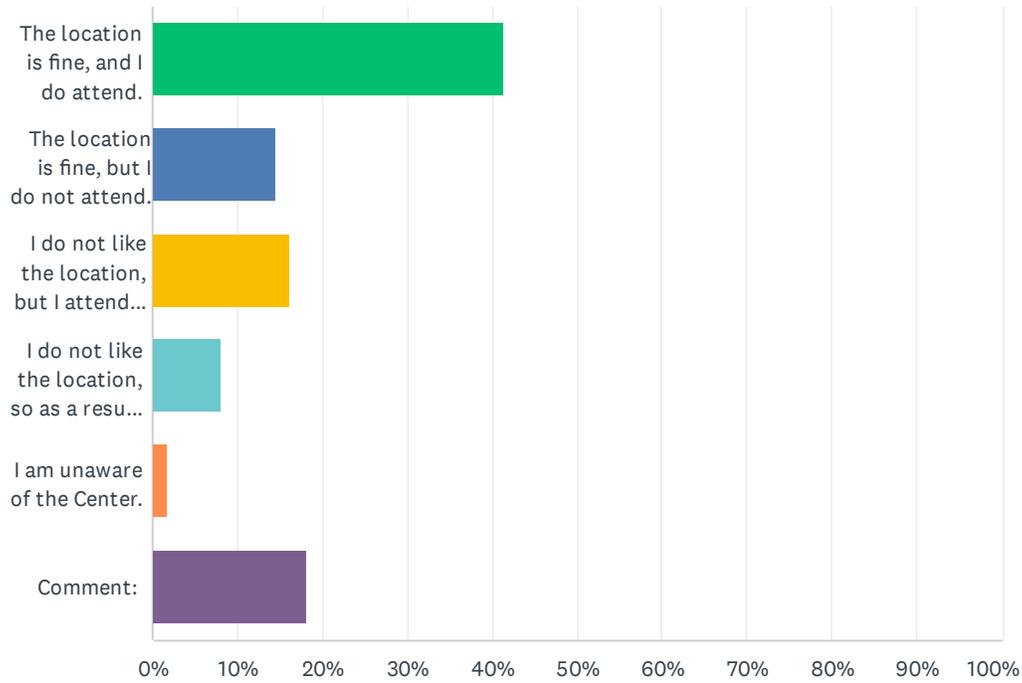
Center for Active Living Public Interest Survey

ANSWER CHOICES	RESPONSES	
Patios/lawns for outdoor dining and seasonal activities	59.11%	133
Lawn game courts: bocce, horseshoes, etc	41.33%	93
Outdoor yoga	24.00%	54
Outdoor art	16.44%	37
Outdoor performances, music or movies	42.22%	95
Walking trail or track	52.44%	118
Pickleball/ multi-sport courts	29.33%	66
Gardening area (flowers or vegetables)	24.89%	56
I am not interested in outdoor activities	8.89%	20
Other (please specify)	5.33%	12
Total Respondents: 225		

#	OTHER (PLEASE SPECIFY)	DATE
1	None at senior center	6/21/2024 8:52 AM
2	attractive area for reading and sitting	6/18/2024 1:35 PM
3	Meditation garden. Keeping pickleball courts far from the senior center due to the noise.	6/17/2024 11:00 AM
4	No response	6/11/2024 2:54 PM
5	Corn Hole	6/11/2024 2:09 PM
6	No response	6/11/2024 11:27 AM
7	No response	6/11/2024 10:27 AM
8	tai chi	6/6/2024 11:11 AM
9	Walking trail with exercise equipment or stations	6/5/2024 1:05 PM
10	i would like a trail for short bike rides, or allow it on a walking trail.	6/5/2024 12:09 PM
11	Since I have some mobility issues, although I can play golf outdoor activities requiring walking distances or running are not of interest but should be provided for those who can do them. I would like field trips to sites of interest, theater, music, and museums.	6/5/2024 12:08 PM
12	Outdoor Painting Classes (not drawing)	6/5/2024 10:50 AM

Q5 Does the current LOCATION of the Center affect your attitude towards it, and whether or not you attend? Choose one.

Answered: 222 Skipped: 4



ANSWER CHOICES	RESPONSES	
The location is fine, and I do attend.	41.44%	92
The location is fine, but I do not attend.	14.41%	32
I do not like the location, but I attend anyway.	16.22%	36
I do not like the location, so as a result I do not attend.	8.11%	18
I am unaware of the Center.	1.80%	4
Comment:	18.02%	40
TOTAL		222

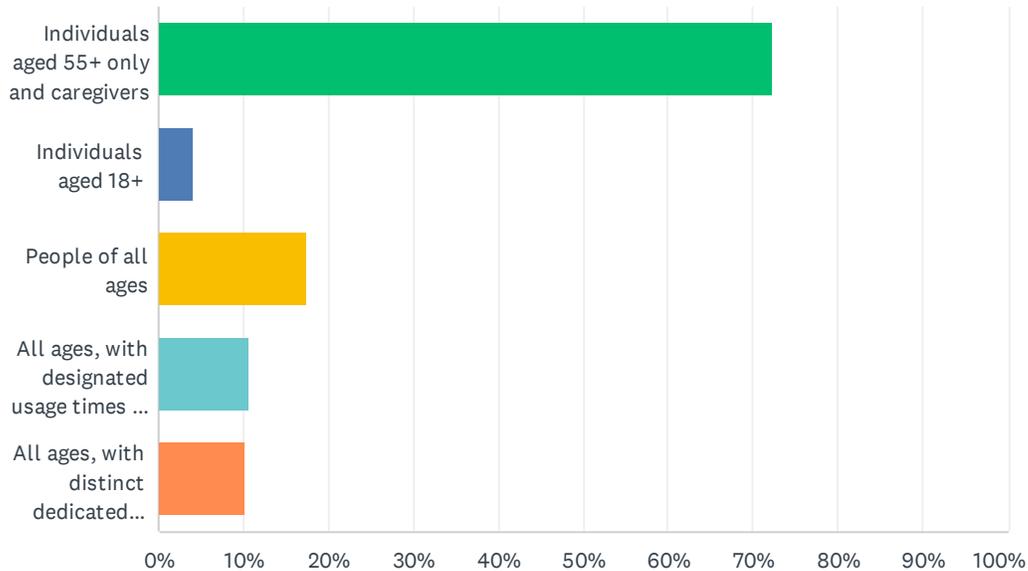
#	COMMENT:	DATE
1	No Response	6/18/2024 3:22 PM
2	I do not like the location but attend anyway. Not with the Town Hall, separate location	6/18/2024 3:03 PM
3	I do not like the location but attend anyway. Because of parking. HVAC is awful - always too cold. Walls leak, bathrooms not up to standards. Have to use other Centers. I know Hingham residents that travel to Marshfield Center to play duplicate bridge with up to 52 people playing any given week.	6/18/2024 2:17 PM
4	Don't like the location but attend anyway. Not enough parking, not big enough. Would like it to be in a different location	6/18/2024 1:53 PM

Center for Active Living Public Interest Survey

5	The location is fine I do attend but needs more space	6/18/2024 1:48 PM
6	The location is find and I do attend. the whole area needs better parking and good face lift	6/18/2024 1:35 PM
7	The current location is very convenient for me, however I realize that due to space constraints and limited parking, it may not be the best idea to continue at the present location.	6/17/2024 11:00 AM
8	The location is fine, but I do not attend. I have difficulty walking	6/12/2024 12:52 PM
9	Parking is a major issue	6/12/2024 12:37 PM
10	The location is fine, and I do attend. Parking, Handicapped is the biggest problem	6/12/2024 12:26 PM
11	The location is convenient but the parking is too limited	6/12/2024 12:02 PM
12	Parking ruins fine answer	6/12/2024 11:50 AM
13	Parking Availability	6/12/2024 11:02 AM
14	It's amazing how many activities are offered	6/12/2024 10:43 AM
15	Parking, or lack there of is a non-starter at the Town Hall location	6/12/2024 10:36 AM
16	Not enough parking	6/12/2024 10:22 AM
17	I like that it is an easy walk from my home	6/11/2024 2:42 PM
18	Not enough parking	6/11/2024 2:40 PM
19	Drawback for current location is parking. Think Bare Cove has possibilities	6/11/2024 2:09 PM
20	It is nice to be at Town Hall, convenient to take care of other concerns when necessary.	6/11/2024 12:13 PM
21	No Response	6/11/2024 11:24 AM
22	Location should be a short distance from all areas of Hingham	6/11/2024 10:49 AM
23	Parking is problematic	6/11/2024 10:43 AM
24	No Response	6/11/2024 10:27 AM
25	I am now at Linden Ponds and most of the music and work-out things that used to enjoy at the Senior Center are offered here. But I want the best for Hingham. New Place should have good PARKNG	6/10/2024 7:08 AM
26	It is a good central location in town.	6/9/2024 7:37 PM
27	Change the name. Don't hide the senior focus. There is no need to be fearful or shamed by being older.	6/6/2024 9:52 AM
28	I am not eligible to use the current center yet	6/5/2024 11:17 PM
29	i dont not have a car, which makes the shuttle bus very important to get to the markets	6/5/2024 10:14 PM
30	Insufficient parking at current location	6/5/2024 4:56 PM
31	Parking is a problem.	6/5/2024 1:42 PM
32	When there are better programs, I will again attend at the current center.	6/5/2024 1:21 PM
33	I am fine with the location, but the parking can be a huge problem and the cwnter is not large enough to meet the needs of the community.	6/5/2024 12:40 PM
34	I think it is very good and enjoy coming when i can. Unfortunately family issues have not allowed me to attend as frequently as i would like.	6/5/2024 12:22 PM
35	I've never been in the current center so have no opinion.	6/5/2024 12:08 PM
36	Location ok parking not. Had to walk from Burr Rd. with yoga mat and bag.	6/5/2024 11:17 AM
37	I used to attend exercise and yoga classes regularly but not since COVID and surgeries.	6/5/2024 11:12 AM
38	parking is an issue	6/5/2024 10:40 AM
39	Needs larger parking area adjacent to center	6/5/2024 10:39 AM

Q6 Who should the new Center for Active Living be open to for programs and services to? Select all that apply.

Answered: 217 Skipped: 9



ANSWER CHOICES	RESPONSES	
Individuals aged 55+ only and caregivers	72.35%	157
Individuals aged 18+	4.15%	9
People of all ages	17.51%	38
All ages, with designated usage times for different groups.	10.60%	23
All ages, with distinct dedicated spaces for different groups.	10.14%	22
Total Respondents: 217		

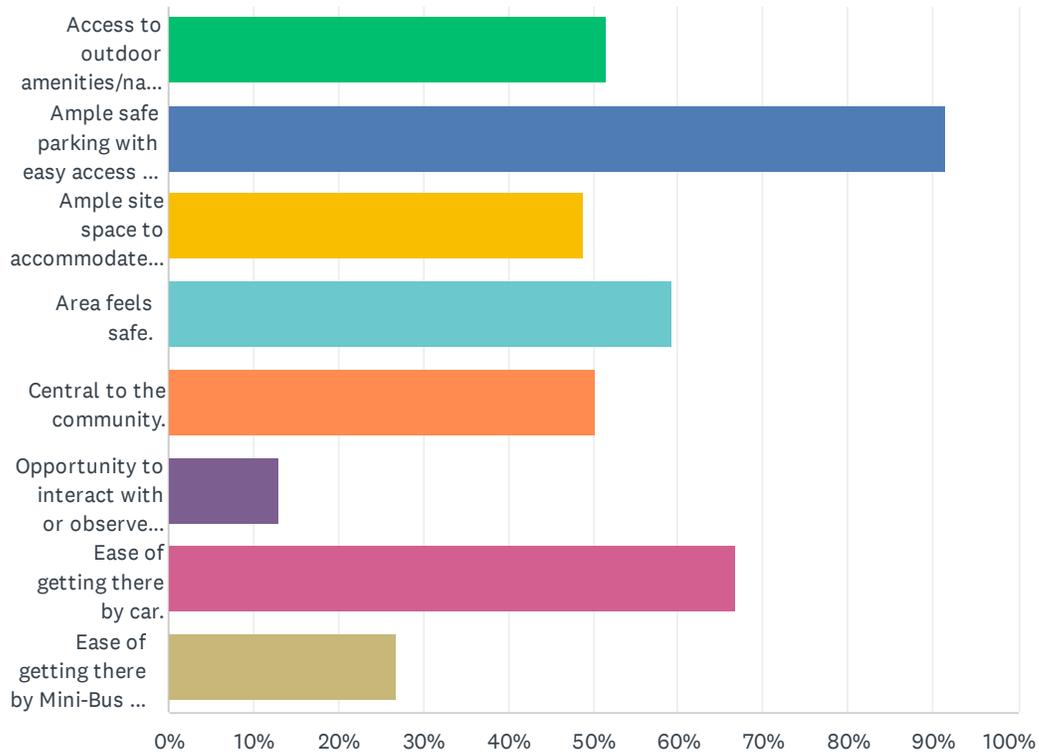
#	COMMENTS:	DATE
1	maybe even 60 or older only	6/24/2024 10:14 AM
2	No response	6/18/2024 3:22 PM
3	intergenerational; integrated when it make sense.	6/18/2024 2:17 PM
4	Depends on room for all in the new facility	6/18/2024 2:05 PM
5	always fun to see younger people. After school activities for children who need a place to go.	6/18/2024 1:35 PM
6	Seniors have supported youth programs and opportunities in our town. It's time for seniors to have a special center of their own, where they are comfortable being with their peers. Programming could include inter generational activities at times.	6/17/2024 11:00 AM
7	No response	6/12/2024 12:35 PM
8	No response	6/12/2024 12:26 PM
9	I don't know what to say about this. I do like being with seniors but am open to other ages,	6/12/2024 12:02 PM

Center for Active Living Public Interest Survey

	providing youngsters don't trip us up.	
10	Make sure no time is taken away from seniors if space is shared	6/12/2024 11:50 AM
11	No response	6/11/2024 2:54 PM
12	I like that it is an easy walk from my home	6/11/2024 2:42 PM
13	Would not attend if below 55 age	6/11/2024 2:16 PM
14	Funding would be a problem 18+	6/11/2024 2:05 PM
15	No response	6/11/2024 1:57 PM
16	Over 65+ with multi-age specific classes/activities available occasionally.	6/11/2024 12:13 PM
17	There is a lot of opportunities in Hingham for younger people between school activities, sports	6/11/2024 12:01 PM
18	No response	6/11/2024 11:47 AM
19	If it is a senior center, it should be for seniors. Though I don't expect younger people would want to attend.	6/6/2024 6:12 AM
20	any handicapes any age, and the age the soul is not the body	6/5/2024 10:14 PM
21	There are ample activities for younger people	6/5/2024 5:28 PM
22	priority to seniors first and at off times (nights - because many seniors do not drive at night or are afraid to go out - at the off times open it up to other groups	6/5/2024 1:45 PM
23	depends on what the final thoughts on the facility are	6/5/2024 1:32 PM
24	Utilize current center better / for people 55+	6/5/2024 1:21 PM
25	"Renting" space to others and allowing people to use the center at off hours is a great idea as well.	6/5/2024 12:40 PM
26	I think it would be great for all to have access and for different ages to intermingle	6/5/2024 12:22 PM
27	I'm in favor of providing community sponsored activities suitable for children and adults of all ages but believe this new center's focus should be on the needs of senior citizens, probably 65+. the elderly iieve the Center e	6/5/2024 12:08 PM
28	I would be open to its use. Beyond 55+	6/5/2024 11:12 AM
29	I like having a place to meet other seniors, youngerpeople have plenty of places to go	6/5/2024 11:05 AM
30	After all it's a SENIOR CENTER	6/5/2024 10:39 AM
31	It's more about "active living" than just "age". Time of life dictates when adults have time / seek "activities"	6/5/2024 3:28 AM
32	Programs to invite and include the community are great but the center is most like crucial to the 55+ active community	6/4/2024 6:22 PM

Q7 What should be taken into consideration in looking at options for the LOCATION of a new Center? Select all that apply.

Answered: 223 Skipped: 3



ANSWER CHOICES	RESPONSES
Access to outdoor amenities/nature	51.57% 115
Ample safe parking with easy access to the building.	91.48% 204
Ample site space to accommodate outdoor activities.	48.88% 109
Area feels safe.	59.19% 132
Central to the community.	50.22% 112
Opportunity to interact with or observe youth and family sports.	13.00% 29
Ease of getting there by car.	66.82% 149
Ease of getting there by Mini-Bus or other transportation.	26.91% 60
Total Respondents: 223	

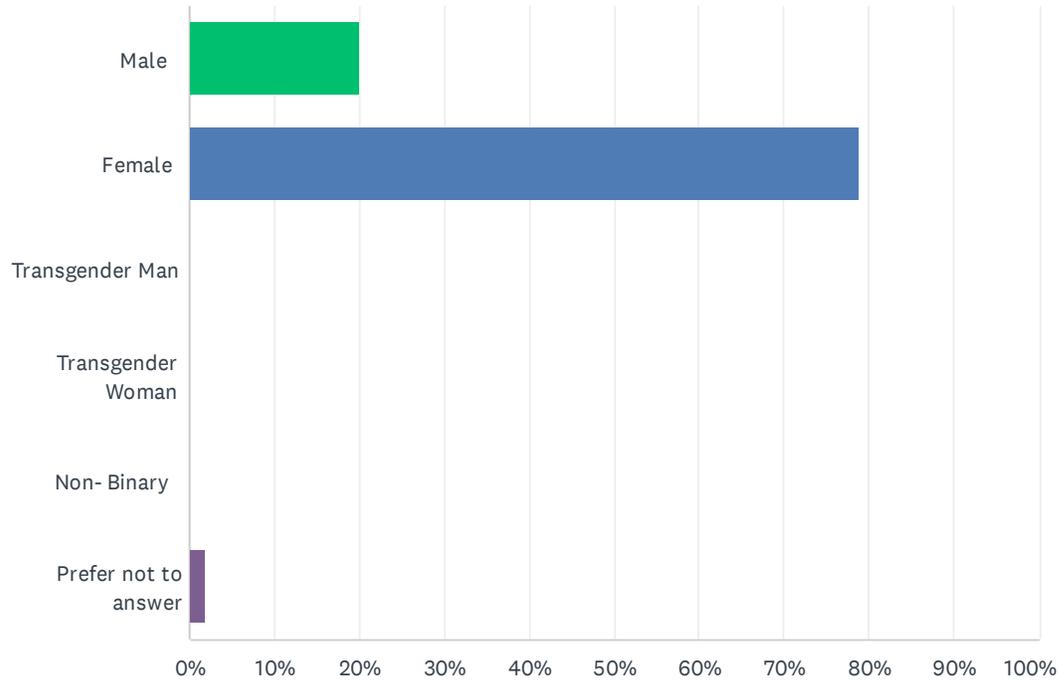
#	COMMENTS:	DATE
1	Moved here from CT in 2007. Center at the time was very helpful with support social connections medical needs, learning about Hingham restaurants trips.	6/24/2024 10:04 AM
2	No response	6/18/2024 3:22 PM

Center for Active Living Public Interest Survey

3	center Hingham	6/18/2024 3:05 PM
4	Senior Center NOT a community center. We already have a community center in town.	6/18/2024 3:03 PM
5	You build it they will come. I am a volunteer. I have used the center for almost 30 years. Find other towns have better facilities. It's time to give Hingham seniors what they deserve. Treat them as good as the town treats the student population.	6/18/2024 2:17 PM
6	easy access/parking/mixed ages. Cooperative efforts with the library to continue and money available to enhance both programs while enhancing how this will make our outlay of money go further. Would like to be able to see our gas fireplace lit and in view in winter. Easy chairs facing it.	6/18/2024 1:35 PM
7	A building site that the town already owns and allows for the size building that we need to accommodate all the desired activities. We have to think of expanded, flexible space with lots of light and plenty of parking.	6/17/2024 11:00 AM
8	Somewhat crippled. Love to meet new people at the Center	6/12/2024 12:52 PM
9	I am a transplant: NH native; lived in Maine, nY and now Hingham. I live in an ADU with our daughter and her family, which includes 2 big dogs. I particularly like the quilting group	6/12/2024 12:02 PM
10	Restrooms - comfort level toilets	6/12/2024 11:02 AM
11	Parking! Parking! Parking! Restroom with elevated seats, Cafe	6/12/2024 10:48 AM
12	The more I age the more I realize how important it is to stay active and involved. The CAL provides a variety of activities that address the needs of seniors to stay healthy and involved and therefore improving their quality of life. Where and what would seniors do without Centers for Active Living? I appreciate all the hard work this center invests in the well being of Seniors!	6/12/2024 10:43 AM
13	Bare Cove gives the HCAL the best chance of significant success	6/12/2024 10:36 AM
14	Open Space	6/12/2024 10:22 AM
15	Seniors in Hingham have extremely limited public transportation. We need a regular route, Town wide mini-bus daily.	6/11/2024 12:13 PM
16	No response	6/11/2024 11:47 AM
17	Need more handicap parking. No stairs. More regular parking	6/11/2024 11:24 AM
18	Town nurse should have hours at center	6/11/2024 10:41 AM
19	need mini bus transportation	6/6/2024 11:11 AM
20	Reliable internet access with working technology for people to attend classes remotely if desired.	6/5/2024 9:06 PM
21	Parking, Parking, Parking and new/updated facility.	6/5/2024 2:23 PM
22	Keep current space.	6/5/2024 1:32 PM
23	Build parking lot behind current center and attach it to the center so people can take an elevator and enter the center.	6/5/2024 1:21 PM
24	No opinion really	6/5/2024 12:22 PM
25	Since I haven't used the current senior center, I don't know what people services find useful or what activities they prefer. Perhaps this survey will show the actual users preferences as a guide.prefer	6/5/2024 12:08 PM
26	Current location is best for me BUT more parking!	6/5/2024 11:37 AM
27	Love the idea of a center at Bare Cove Park! Lots of space for parking and an easy access building, even a shady space outside for picnic lunches	6/5/2024 11:05 AM

Q8 What is your gender? Select all that apply.

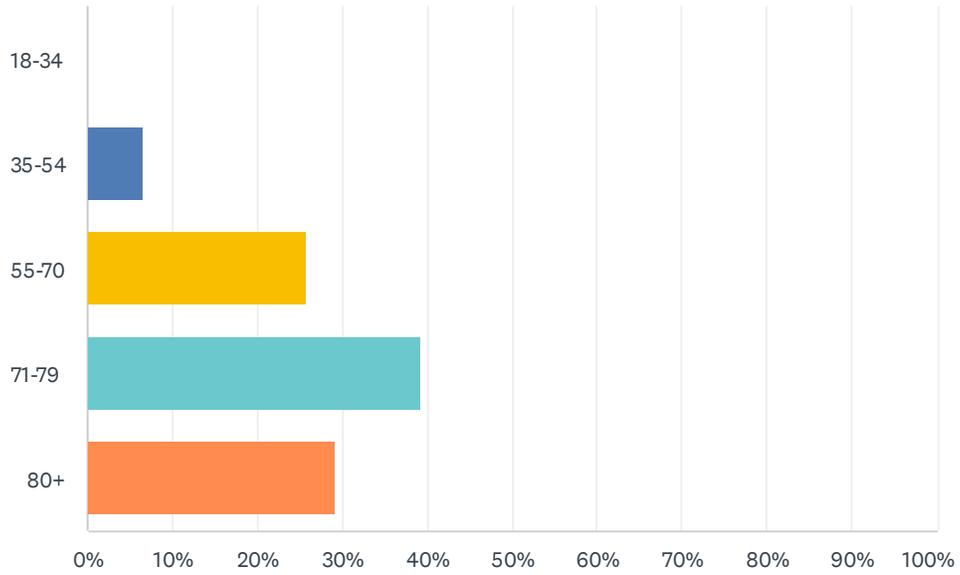
Answered: 209 Skipped: 17



ANSWER CHOICES	RESPONSES	
Male	20.10%	42
Female	78.95%	165
Transgender Man	0.00%	0
Transgender Woman	0.00%	0
Non- Binary	0.00%	0
Prefer not to answer	1.91%	4
Total Respondents: 209		

Q9 What is your age group?

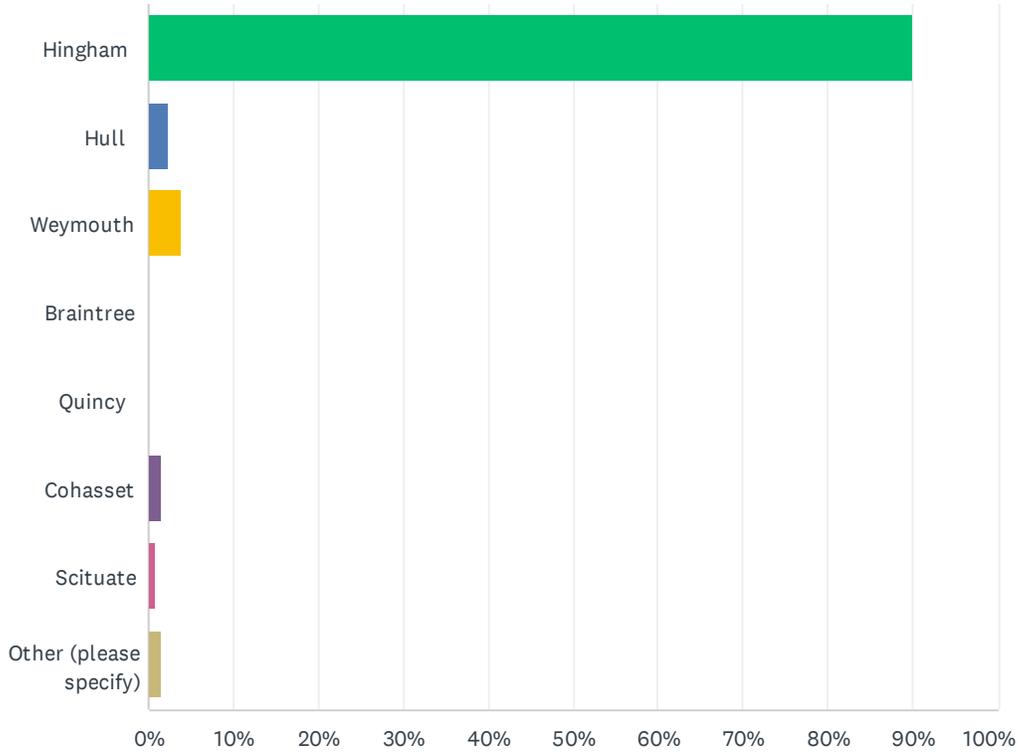
Answered: 209 Skipped: 17



ANSWER CHOICES	RESPONSES	
18-34	0.00%	0
35-54	6.70%	14
55-70	25.84%	54
71-79	39.23%	82
80+	29.19%	61
Total Respondents: 209		

Q10 What Town do you live in?

Answered: 209 Skipped: 17



ANSWER CHOICES	RESPONSES	
Hingham	89.95%	188
Hull	2.39%	5
Weymouth	3.83%	8
Braintree	0.00%	0
Quincy	0.00%	0
Cohasset	1.44%	3
Scituate	0.96%	2
Other (please specify)	1.44%	3
TOTAL		209

#	OTHER (PLEASE SPECIFY)	DATE
1	East Bridgewater	6/6/2024 7:17 AM
2	Norwell	6/5/2024 9:59 PM
3	Rockland	6/5/2024 5:13 PM

Hingham Center for Active Living

Community Outreach

Thanks to the people who generously
shared their time with us for making our task a success.